August 21, 2017 – The Postdoc Update will be sent as needed over the summer.
Follow us on Twitter & Facebook for more updates!

Events This Week
1. WebMD Stress Specialist Health Coaching Webinar 8/24
2. Lunchtime Yoga 8/25

Events Next Week
3. WUPS Ice Cream Social 8/28
4. Writing a Teaching Philosophy Statement 8/29
5. Thriving amidst chaos: time management strategies for navigating academic medicine 8/29
6. Faculty Career Hiring Panel 8/31
7. Resiliency: Bouncing Back After a Setback – Webinar 9/1

Future Events
8. Turning Innovation into Entrepreneurship 9/7

Fellowships, Awards & Contests
9. BWF Career Awards at the Scientific Interface
10. Christine Mirzayan Science & Technology Policy Fellowships
11. American Association of Anatomists Postdoctoral Fellowship
12. Burroughs Wellcome Fund Career Awards for Medical Scientists (CAMS)
13. AES Postdoctoral Research Fellowships
14. AAAS Science & Technology Policy Fellowships

WU Opportunities
15. *New Short Course* U29 Bio 4867: Career Planning for Biomedical Scientists
16. Register for Fall 2017 English Language Program Courses
17. SfN Travel Award for WU Representatives
18. Small Group Mentors Needed for Grant Writing Workshops
19. Institute for Public Health 10th Annual Conference: Call for Poster Abstracts
20. Common Reading Program – Frankenstein

Other Opportunities
21. NIH Loan Repayment Program
22. Cold Spring Harbor Laboratory Meetings & Courses Program
23. Science and Research Opportunities in India (Sci-ROI) Young Investigators Meeting

FYI
24. WUPS Facebook Page!
25. Postdoc T-shirts!

Events This Week
1. WebMD Stress Specialist Health Coaching – An Introductory Webinar
August 24 – 17, 2017
Are you curious about Health Coaching and how it can assist you? Are you feeling stressed out and looking for resources to help you cope? Join this webinar to learn more about your WebMD Stress Specialist Health Coaching program. This may be the perfect fit for you! Anita Ridolfo is the supervisor of the Stress Specialist team at WebMD. She has worked with WebMD for almost 14 years, 7 of those as a Stress Specialists coach. Anita has 20 years of experience in Behavioral Health. She was a Child and Family Therapist prior to working as a health coach. Anita is a Nationally Certified Counselor (NCC), a Distance Certified Counselor (DCC) and a Board Certified Coach (BCC). Click here to register. You will receive a confirmation email containing information about joining the webinar. More information about the WebMD Health Coaches can be found here.
2. **Lunchtime Yoga 8/25**

**Location:** 4444 Forest Park, Suite 6318 (6th Floor)

**Time:** noon - 1 pm

**Cost:** Suggested $5-$10 cash donation

All abilities are welcome and the class will accommodate all participants. Please bring water, yoga mat and towel. This series is part of wellness initiatives at the Institute for Informatics & Division of General Sciences.

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**Events Next Week**

3. **WUPS Ice Cream Social 8/28**

Come join the WashU Postdoc Society for our Summer Ice Cream Social! We’ll be serving Ted Drewe’s and some refreshing beverages. The Ice Cream Social will be held on Monday, August 28th from 4:30-6:00 pm in the Shaffer Courtyard, located in the McDonnell Science Center, on the Medical School Campus. The rain location will be held in the Shell Café. Please RSVP here. [https://goo.gl/forms/a3Ho1OBuiL5FeZg83](https://goo.gl/forms/a3Ho1OBuiL5FeZg83)

4. **Writing a Teaching Philosophy Statement 8/29**

Tuesday, August 29, 2016, 2 pm, Holden Auditorium

If you are applying for a faculty position, it is increasingly likely that you will be asked to submit a teaching philosophy statement (TPS) during the application process. This workshop will help you write and revise a TPS, a process that will allow you to demonstrate your commitment to teaching as you describe the goals and methods that shape your teaching. Participants will learn about why academic-search committees request teaching materials such as the TPS, and how search committees use these materials to assess candidates’ qualifications for teaching.

**Presenter:** Denise Leonard, Ph.D., Assistant Director, The Teaching Center

Participation in this workshop satisfies the Teaching Philosophy Statement workshop requirement for the WU-CIRTL and Preparation in Pedagogy programs.

**Register:** [https://teachingcenter.wustl.edu/events/2017_0829-teaching-philosophy-statement/](https://teachingcenter.wustl.edu/events/2017_0829-teaching-philosophy-statement/)

5. **Thriving amidst chaos: time management strategies for navigating academic medicine 8/29**

CRTC Career Development Seminar Retreat

Aug 29, 2017 | 3:30 pm – 5:00 pm

Wohl Auditorium

4950 Children’s Place, St. Louis, MO 63310

Thriving amidst chaos: time management strategies for navigating academic medicine

Presented by Susan R. Johnson, M.D., M.S. from the University of Iowa

Advance registration not required, free and open to all

6. **Faculty Career Hiring Panel 8/31**

Thursday, August 31, 2017, 10 am, Holden Auditorium

Do you have questions about the academic faculty hiring process? What should you include in your application packet? What happens on interview day, and how do I prepare? How do search committees and department heads make their decisions? For all these topics and more, please join us for a panel discussion on academic hiring processes and experiences with panelists:

**David Piston, Ph.D.,** Professor and Department Head of Cell Biology & Physiology

**Ken Blumer, Ph.D.,** Professor of Cell Biology & Physiology

**Phyllis Hanson, M.D., Ph.D.,** Professor of Cell Biology & Physiology

**Silvia Jansen, Ph.D.,** Assistant Professor of Cell Biology & Physiology

**David Kast, Ph.D.,** Assistant Professor of Cell Biology & Physiology

This seminar is part of the Faculty Career Search Series.

**Register:** [http://dbbs.wustl.edu/Resources/Pages/calendar_event.aspx?EvID=5493](http://dbbs.wustl.edu/Resources/Pages/calendar_event.aspx?EvID=5493)

7. **Resiliency: Bouncing Back After a Setback – Webinar 9/1**

Friday, September 1st 2017

11:30 am – 12:30 pm CT

[https://attendee.gotowebinar.com/register/2707116754013860097](https://attendee.gotowebinar.com/register/2707116754013860097)

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**Future Events**

8. **Turning Innovation into Entrepreneurship 9/7**

Do you have an innovative concept? Do you know the steps to take? Do you have the tools needed to make your idea a reality?
NIH Program Directors, Deepa Narayanan, MS, and Jonathan Franca-Koh, PhD, MBA, are here to set you on the path to success. Join us for an overview and interactive discussion of the NIH Small Business Innovation Research (SBIR) and Small Business Technology Transfer (STTR) funding programs.

Do you need one-on-one guidance to take your company to the next level? There will be a unique opportunity to engage in a 15-minute discussion with the program directors; please select your interest through the RSVP link below.

**When:** September 7th, 2017, from 9 - 11 a.m.

**Where:** Holden Auditorium, Farrell Learning and Teaching Center ([map](https://www.aesnet.org/research/funding%20for%20junior%20investigators/Postdoctoral%20Research%20Fellowships))

**RSVP:** [here](https://www.aesnet.org/research/funding%20for%20junior%20investigators/Postdoctoral%20Research%20Fellowships) Additional questions: dorota.grabowska@wustl.edu

### Fellowships, Awards & Contests

#### 9. BWF Career Awards at the Scientific Interface

BWF’s Career Awards at the Scientific Interface (CASI) provide $500,000 over five years to bridge advanced postdoctoral training and the first three years of faculty service. These awards are open to U.S. and Canadian citizens or permanent residents as well as to U.S. temporary residents. The competition will employ a two-stage process. Pre-proposals will be reviewed and full proposal invitations will be sent by November 14, 2017. All applicants will be required to complete a web-based questionnaire assessing their eligibility to apply for this award. If eligibility criteria are met, applicants will be automatically directed to the web-based pre-proposal application. It is strongly recommended that potential applicants review the Request for Proposals prior to accessing the eligibility questionnaire. **Pre-proposal due:** September 6, 2017.

**More information:** [https://www.bwfund.org/grant-programs/interfaces-science/career-awards-scientific-interface](https://www.bwfund.org/grant-programs/interfaces-science/career-awards-scientific-interface)

#### 10. Christine Mirzayan Science & Technology Policy Fellowships

The Christine Mirzayan Science & Technology Policy Graduate Fellowship Program, now in its 19th year, provides early career individuals with the opportunity to spend 12 weeks at the Academies in Washington, DC learning about science and technology policy and the role that scientists and engineers play in advising the nation. **Applicants MUST submit all of the application materials by September 8, 2017.**

**More information and to apply:** [http://sites.nationalacademies.org/PGA/policyfellows/PGA_048504](http://sites.nationalacademies.org/PGA/policyfellows/PGA_048504)

#### 11. American Association of Anatomists Postdoctoral Fellowship

The Postdoctoral Fellowship is intended to provide salary support to an AAA member who is a postdoctoral trainee working in any aspect of biology relevant to the anatomical sciences. AAA will provide $20,000, plus travel support and registration fee (at early registration rate) to the next appropriate AAA Annual Meeting. The postdoc’s laboratory must supplement this stipend with funds that equal or exceed the NIH standard salary support for postdoctoral fellows. In addition, the laboratory must provide funds for health insurance for the postdoctoral fellow. **Application deadline:** October 2, 2017

**More information:** [http://www.anatomy.org/postdoctoral-fellowship.html](http://www.anatomy.org/postdoctoral-fellowship.html)

#### 12. Burroughs Wellcome Fund Career Awards for Medical Scientists (CAMS)

**Deadline is 10/3, 4 pm EDT**

The Career Awards for Medical Scientists (CAMS) is a highly competitive program that provides $700,000 awards over five years for physician-scientists, who are committed to an academic career, to bridge advanced postdoctoral/fellowship training and the early years of faculty service. Competitive candidates for the CAMS award must have at least two years or more of postdoctoral research experience, be two years away from becoming an independent investigator, be a first author on at least one publication in a high impact top-tier journal, and have a significant publication record. Candidates must hold an M.D., D.D.S., D.V.M., or D.O. degree.

**More information:** [http://www.bwfund.org/grant-programs/biomedical-sciences/career-awards-medical-scientists](http://www.bwfund.org/grant-programs/biomedical-sciences/career-awards-medical-scientists)

#### 13. AES Postdoctoral Research Fellowships

AES Postdoctoral Research Fellowships support postdoctoral trainees conducting research into the causes, treatment, and consequences of epilepsy under the guidance of a mentor with expertise in epilepsy research. The fellowship award offers up to $45,000 for stipend and travel support for one year, as well as a one-year AES membership. The number of awards granted each year is contingent upon available funds. **LOI due:** October 5, 2017

**More info:** [https://www.aesnet.org/research/funding%20for%20junior%20investigators/Post-Doctoral%20Research%20Fellowships](https://www.aesnet.org/research/funding%20for%20junior%20investigators/Post-Doctoral%20Research%20Fellowships)

#### 14. AAAS Science & Technology Policy Fellowships

AAAS Science & Technology Policy Fellowships (STPF) provide opportunities to outstanding scientists and engineers to learn first-hand about policymaking and contribute their knowledge and analytical skills in the policy realm. Fellows serve yearlong assignments in the federal government and represent a broad range of backgrounds, disciplines, and career stages. Each year, STPF
adds to a growing corps over 3,000 strong of policy-savvy leaders working across academia, government, nonprofits, and industry to serve the nation and citizens around the world. The application deadline is November 1, 11:59 p.m. ET. For more information about the AAAS Science & Technology Policy Fellowships, please visit our website at http://www.aaas.org/stpf. Questions? Please contact us at fellowships@aaas.org or 202-326-6700.

WU Opportunities

15. *New Short Course* U29 Bio 4867: Career Planning for Biomedical Scientists

Postdocs should register online for Section 2: https://acadinfo.wustl.edu/ucollege/?term=FL2017&dept=U29

Section 2 Meeting Time: Mondays 2:00 pm-4:00 pm, October 23-December 4, 2017

Course Description: This is a 6-week course for postdoctoral researchers (Section 2) who want to jump-start career planning and professional skills needed for a broad range of scientific careers. This course will guide you through the process of self-assessment, career exploration, and goal-setting for long-term success. You will work on a team to research the scientific career path of your choice. Each team will study the specific required knowledge, skills, and attributes of their career interest or employment sector. As part of this research project, you will have the opportunity to network with alumni or local leaders in your chosen field, gaining valuable real-world insights and creating essential professional connections. Section 2: Recommended for postdocs who have been in their lab for at least 6 months. Meets October 23, 2017-December 4, 2017.

Info on Postdoc Tuition Benefit: http://hr.med.wustl.edu/Benefits/PostdoctoralAppointees/Pages/TuitionAssistance.aspx

16. Register for Fall 2017 English Language Program Courses

In the English Language Programs (ELP), we provide classes and academic support designed to strengthen English language skills and help non-native English speakers succeed at Washington University in St Louis. We offer courses throughout the year to refine presentation skills, academic and research writing, communication skills, advanced conversation skills, and more. Our ELP courses and tutorials offered in University College are free for anyone eligible for the Postdoc Tuition Benefit. We also offer appointment-based support, workshops, conversation practice, and placement testing at no charge to the university community. https://oiss.wustl.edu/english-language-programs/. Here are the courses which will be offered on the Medical Campus in fall 2017:

- **U15 213 ELP: Fundamentals of Research Writing for the Sciences**
  - Meeting Time: Wednesday 4:00-7:00 PM (Room TBD)
  - Course Description: This course covers grammar, structure, style, and information flow for research articles in the natural sciences. Participants use their own current work to practice writing, proofreading, and editing all sections of a research article. Participants also learn how to make the most of current language learning technology, including textual databases that enable them to find answers to their questions about elements of usage and structure typical for writing in their fields. Several editing workshops and individual tutorial meetings are built into the course to address language issues common to the course participants and to help strengthen participants’ skills at editing their own writing.

- **U15 270 ELP: Presentations Skills for the Sciences**
  - Meeting Time: Tuesday 6:00-8:00 PM (Room TBD)
  - Course Description: In this course for students and professionals in scientific fields who are nonnative speakers of English, participants develop their oral presentation skills. Organization, presentation style, pronunciation, and cross-cultural issues are addressed. Videotaping, individual feedback, and plenty of practice form the basis for assessment. By the end of the class, participants will have produced and practiced a complete presentation about their own research interests.

Free opportunities for additional language practice:

- **Medical Campus Book Club:**
  - The English Language Programs hosts a medical campus book club in the Farrell Teaching and Learning Center. The book club meets every other Thursday from 5 until 6 pm throughout the year with the exception of a short summer break. All are welcome! Please email the book club facilitator if you are interested or would like more information: Cathy Raymond, craymond@wustl.edu.

- **Medical Campus English Corner:**
  - Thursdays from 6:15-8:15 pm. Come join us for weekly opportunities to practice speaking English informally. Meetings take place at Kaldi’s in the Farrell Learning and Teaching Center. All are welcome!

17. **SfN Travel Award for WU Representatives**

Looking to attend the Society for Neuroscience meeting in Washington D.C. this November (11/11-11/15)? We seek three "St. Louis ENDURE representatives" to help 18 undergraduates in WU’s BP-ENDURE program get the most from their visit to SfN. The BP-ENDURE St. Louis Neuroscience Pipeline program provides education and research experiences to college students from underrepresented groups interested in neuroscience graduate study. Help us sustain this interest at SfN: turn these students on to the latest discoveries in neuroscience and welcome them into the scientific community.

We will provide up to $1000 per chaperone for travel-related expenses. Your responsibilities will include:

- Sharing your contact information and being available to answer any questions.
- Coordinating with the undergraduates to attend one event together during the meeting.
Going to the Diversity Fellows Poster Session (11/11; 6:30-8:30) where BP-ENDURE students will present.

Joining us for a program dinner in D.C. (evening of 11/12).

To be considered as a potential St. Louis ENDURE representative, please:
1. Provide one piece of advice for a young neuroscientist attending his/her first conference.
2. Choose two events at SfN that you would like to attend with the Pipeline scholars. Draft a brief invitation explaining why you have asked them to join you at these sessions.

Please email your responses to Erik Herzog, herzog@wustl.edu by Sept. 6. We will notify all applicants of the outcome by Sept. 20.

18. Small Group Mentors Needed for Grant Writing Workshops
We need co-mentors for Grant Writing small group workshops! Have you successfully written an NSF fellowship, NIH F or K, or a foundation fellowship? If so, we’re looking for you! Reply: Please volunteer by filling out the online form.

Details of the program: DBBS, Office of Postdoctoral Affairs, School of Engineering, and the Graduate School have combined to offer two fellowship writing workshops for graduate students and postdocs:
- **NSF Graduate Research Fellowship Program Workshop:** This workshop runs in September-October, focusing on NSF proposals for first- and second-year graduate students.
- **NIH Fellowship Writing Workshop:** This workshop runs in September-October, focusing on NIH F format for advanced graduate students and NIH F & K formats for postdocs in order to teach them proposal-writing skills, with the goal of preparing them to apply to one of a number of fellowships available from both federal and foundation sources.

19. Institute for Public Health 10th Annual Conference: Call for Poster Abstracts
September 27, 2017, 12 p.m. – 5 p.m.
Eric P. Newman Education Center, Medical Campus
The Institute for Public Health’s annual conference and poster session provides an opportunity for students, academics, and professionals to expand their knowledge and network.

**Theme:** Why Science Matters: The Case for Evidence-Based Public Health

**Keynote speaker:** Dr. Ross Brownson, Bernard Becker Professor, Brown School and School of Medicine

**Call for Posters:** We invite poster abstract submissions that relate to this theme. We are also accepting abstracts on general public health optics. Poster space is limited. Submit your abstract. Abstracts due September 1, 2017.

20. Common Reading Program – Frankenstein
The Staff Common Reading Book Program is the Common Reading Program parallel program for staff/faculty. Celebrating the 200th anniversary of its publication, the Common Reading Program book selected for the Class of 2021 is Frankenstein by Mary Shelley and as such will also serve as the 2017 Staff Common Reading Book.

The Staff Common Reading Book Program aims to:
- provide a common intellectual experience for staff/faculty;
- provide an opportunity for staff/faculty to meet and interact with each other in informal social discussions;
- provide an opportunity to promote the spirit of inquiry and debate that is a foundation of our university
- create additional points of connection for staff/faculty with incoming first year students and alumni.

Register and more info: https://diversity.wustl.edu/framework/faculty-advancement-institutional-diversity/staff-common-reading-program/

**Other Opportunities**

21. NIH Loan Repayment Program
NIH Loan Repayment Programs will begin accepting applications beginning September 1.
Interested in having the NIH pay off your Student loans while you remain in academic research? Check out the NIH loan repayment program at www.lrp.nih.gov, or contact your local Washington University LRP ambassador, Kathryn Knoop, at kknoop@wustl.edu, for more information.

As a reminder, the NIH Loan Repayment Programs are a set of programs established by Congress designed to recruit and retain highly qualified health professionals into biomedical or biobehavioral research careers. The NIH LRPs pay up to $35,000 annually of qualified educational debt in return for a commitment to engage in NIH mission-relevant research. For information about eligibility requirements, visit https://www.lrp.nih.gov/eligibility-programs. The NIH LRPs will begin accepting applications on September 1 – November 15.

22. Cold Spring Harbor Laboratory Meetings & Courses Program
The Meetings & Courses division at Cold Spring Harbor Laboratory (CSHL) is pleased to announce the ENABL scholarship program (Empowering Nextgen Advanced Biomedical Leadership). This program provides partial financial support for trainees to participate
in one of our immersion laboratory courses followed by a professional development workshop, all of which are held annually. This notice is to alert you that application deadlines are approaching for two of the designated courses/workshops:

- **Scientific Writing Retreat** (deadline September 8th)

To be considered for the scholarship program, you need to 1) apply for a designated laboratory course (see below), 2) submit a financial aid request as part of your application materials, and 3) be accepted into and complete the course. You’ll then be eligible to receive additional scholarship support should you decide to apply for a subsequent professional development workshop. The order of courses does not matter: you can participate in a workshop followed by a laboratory course if you choose. It is also not necessary to participate in both the same year; this scholarship program is currently funded through 2019. Finally, the scholarships are not binding: you can accept and use a scholarship for a laboratory course without participating in a subsequent professional development workshop.

Questions? Feel free to contact [Charla Lambert](mailto:charla@wustl.edu) in the CSHL Meetings & Courses Program.

### 23. Science and Research Opportunities in India (Sci-ROI) Young Investigators Meeting

**September 9-10, Chicago, IL**

Science and Research Opportunities in India (Sci-ROI) is a US based volunteer run and a non-profit organization. Sci-ROI was initiated by a group of postdocs and Professor Aseem Z. Ansari of the University of Wisconsin-Madison under the ambit of [WINStep Forward](http://www.winstepforward.org) – a nonprofit that promotes science and technology between India and the USA. Sci-ROI is pleased to announce that our 2017 annual event (YIM-C) will be held on Sep, 2017 in Chicago. YIM-C will be a multidisciplinary event to facilitate interaction of Graduate students, Postdoctoral fellows, Research Scientists, Scholars, Industry leaders and Entrepreneurs with the senior policy makers, scientists and entrepreneurs from India to promote multi-level collaborative initiatives across various disciplines in Academia, Industry and Government between India and the United States. The event will highlight the diversity of talent in the midwest doing leading research and development, while exposing them to the unlimited opportunity for engagement and collaboration in various sectors thus, enabling establishment of a network between individuals and agencies in India and the US.

Register and more info: [http://sciroi.net/yimc2017.html](http://sciroi.net/yimc2017.html)

### FYI

#### 24. WUPS Facebook Page!

The WashU Postdoc Society has launched a new Facebook page: [https://www.facebook.com/WUPostdocs/](https://www.facebook.com/WUPostdocs/) (@WUPostdocs). Like them on Facebook to stay up-to-date with the latest events, seminars, and relevant information for WU postdocs!

#### 25. Postdoc T-shirts!

We have postdoc T-shirts! They are charcoal gray with a white WU logo on the front, and the word POSTDOC and the STEM departments on the back. Cost is $5 each, cash only. Email [postdoc@wusm.wustl.edu](mailto:postdoc@wusm.wustl.edu) to schedule a time to purchase a shirt from the Office of Postdoctoral Affairs (OPA).

### OPA Social Media!

You can find us at:

- **Twitter**: [@WUSTLPostdoc](https://twitter.com/WUSTLPostdoc), WUSTL Postdoc Office [http://twitter.com/wustlpostdoc](http://twitter.com/wustlpostdoc)
- **Facebook**: [https://www.facebook.com/OPA.WUSTL](https://www.facebook.com/OPA.WUSTL), Washington University Office of Postdoctoral Affairs
- **Linkedin Group** for current & alumni postdocs – [Washington University in St. Louis Postdocs](https://www.linkedin.com/groups/10598070), please join if you haven’t already. This is a private group for career development and networking and is meant to help postdocs keep in touch.

This newsletter was created for STEM (Science, Technology, Engineering and Math) Postdoctoral Appointees at Washington University. You have received this email because you have been identified as a postdoc or other associated with postdoc functions. If you have questions, please contact the Office of Postdoctoral Affairs at [postdoc@wusm.wustl.edu](mailto:postdoc@wusm.wustl.edu).